KNOW MORE. DO MORE. LIVE BETTER.

EXECUTIVE HEALTH EXAM

PRECISION HEALTH. PERSONALIZED FOR YOU.

A comprehensive, preventive approach to uncover what others may miss – and empower you to live longer, stronger, and healthier.



EARLY DETECTION
Identify risks early before symptoms ever appear.

ADVANCED INSIGHTS
Advanced diagnostics, genetic profiling, and comprehensive testing.

PERSONALIZED CARE
A tailored roadmap designed around your unique health.

LONG-TERM WELLNESS
Actionable strategies for a longer, stronger, healthier life.



Contact Us

Houston Concierge Medicine
9432 Katy Freeway, Suite 400,
Houston, Texas 77055

Call or Text: 713-333-6464
Email: info@houstonconciergemd.com
www.houstonconciergemedicine.com

YOUR HEALTH. CLEARER ANSWERS. BETTER DIRECTION.

Comprehensive executive screening designed to help you understand your risks, track key health markers, and plan your next steps with confidence.

HCM HOUSTON CONCIERGE MEDICINE

HCM

HOUSTON CONCIERGE MEDICINE

KNOW MORE. DO MORE. LIVE BETTER.

THE EXECUTIVE PHYSICAL

A complete picture of your health, in a single visit.

Our Executive Physical is a comprehensive, single-visit assessment designed to give you a full understanding of your health in one efficient experience — advanced diagnostics, complete lab work, cardiovascular and body-composition screening, and a personalized nutrition and prevention plan reviewed directly with your physician.

THE INVESTMENT

$2,000

One-time visit
No membership or contract required

WHAT'S INCLUDED

Comprehensive Lab Panel	CBC with differential · Comprehensive metabolic profile (electrolytes, kidney & liver function) · Micronutrient testing · Hemoglobin A1c · Lipid & lipoprotein analysis · Thyroid (TSH & Free T4) · Urinalysis · Vitamin D & B12 · PSA, if indicated
Cardiovascular Assessment	Comprehensive coronary risk assessment · Arterial assessment · Resting EKG · Thorough cardiovascular health testing
Pulmonary	Spirometry pulmonary function test
Body Composition & Mobility	DEXA scan · ShapeScale 3D body scan · Movement assessment
Nutrition Evaluation	Extensive evaluation including dietary history, with tailored recommendations to treat existing conditions, improve overall health, and help prevent heart disease, diabetes, and other serious conditions

OPTIONAL ADD-ON TESTING — CONTINUED ON PAGE 2 ›

Houston Concierge Medicine & Wellness Center

KNOW MORE. DO MORE. LIVE BETTER.

9432 Katy Freeway, Suite 400, Houston, TX 77055 · 713-333-6464 · info@houstonconciergemd.com · houstonconciergemedicine.com

ADDITIONAL ADD-ON TESTING

Tailor your assessment with advanced, optional screening.

Add-on testing can be paired with your Executive Physical and is priced individually. Your physician will recommend the options best suited to your history and goals; current pricing is provided on request.

Metabolism & Fitness	Resting metabolic rate · VO2 max testing
Advanced Cardiac & Vascular Imaging	CT heart scan + calcium score · Carotid screening ultrasound · CT angiogram
Cancer & Early Disease Detection	Hereditary cancer screening · Early cancer detection testing · Advanced prostate cancer screening · Alzheimer's detection testing
Genomics, Longevity & Whole-Body Imaging	Whole genome sequencing · Epigenetic biological age testing · Blood type · Full body MRI
Environmental, Gut & Sensitivity	Allergy / food sensitivity · Total tox burden testing · Gut & microbiome testing · Microplastics testing

Availability is limited. Call **713-333-6464** or email **info@houstonconciergemd.com** to book.

One-time visit · No contract or membership minimum · Add-ons priced individually · HSA/FSA accepted

Houston Concierge Medicine & Wellness Center

PREVENT. DETECT. OPTIMIZE.

9432 Katy Freeway, Suite 400, Houston, TX 77055 · 713-333-6464 · info@houstonconciergemd.com · houstonconciergemedicine.com