



HCM
HOUSTON
CONCIERGE MEDICINE

PROGRAM GUIDE

2026

OUR PROGRAM



Experience Healthcare Designed Around You

Concierge medicine offers a personalized approach to your health providing you with a focus on preventive care. With a limited number of patients, our concierge practice ensures you receive the time, attention, and continuity you deserve whether it's same-day visits, timely communication, or a deeper relationship with your doctor. It's healthcare that fits your lifestyle, centered around convenience, trust, and exceptional care.

At Houston Concierge Medicine & Wellness Center, our primary care doctors are dedicated to providing you with the quality healthcare that you deserve. Meeting patients' expectations should be the hallmark of any outstanding health care program and our goal is to exceed your expectations. We understand that staying well is something that happens most effectively in a partnership between patients and their team of healthcare providers.



SILVER PLAN

SILVER PLAN

By becoming a member of Houston Concierge Medicine, you gain access to a comprehensive healthcare experience that prioritizes your well-being and provides you with the tools and support you need to thrive.

Services Included:

- Monthly primary care visit
- Annual Comprehensive Lab Panel
- Concierge care coordinator

- **Monthly Fee:** \$350
Annual Fee: \$3780 - 10% Savings



GOLD PLAN

GOLD PLAN

Joining Houston Concierge Medicine means stepping into a personalized healthcare experience focused entirely on your well-being, with the resources and guidance you need to live your healthiest life.

Services Included:

- Monthly primary care visit
- Annual Comprehensive Lab Panel
- Annual physical
- Biological age testing
- DNA Testing for Health and Fitness
- DEXA Scan
- FIT3D Scan
- RMR Test
- Concierge care coordinator

■ **Monthly Fee:** \$550

Annual Fee: \$5940 - 10% Savings



PLATINUM PLAN

When you join Houston Concierge Medicine, you're choosing a holistic healthcare approach that puts your health first—offering personalized support, essential tools, and dedicated care to help you thrive

Services Included:

- Monthly primary care visits
- Executive physical
- Annual executive lab panel
- Biological age testing
- Micronutrient panel
- DNA Testing for Health and Fitness
- DEXA Scan x2
- FIT3D Scan
- RMR Test
- VO2 MAX Testing
- Kinotek Movement Analysis
- Red Light Therapy
- Concierge care coordinator
- Home visits available
- Priority scheduling within 48 hours of the request (including access to same-day office appointments when available)

■ **Monthly Fee:** \$750
Annual Fee: \$8100 - 10% Savings