

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:45: Sunrise Exercise 10:30: Today in History 11:15: Balloon Volleyball 1:30: Bingo 2:15: Welcome to 2019! 2:45: Memories & Goals 3:30: Afternoon Exercise 4:00: Funny New Year Resolution PM: New Year Word Search PM: Book Club New Year's Day	9:45: Sunrise Exercise 10:00: Art Therapy with Xene 10:30: Today in History 11:15: Ping Pong Pans 1:30: Bingo 2:15: Cuckoo Dancing 2:45: Alphabet Game 3:30: Strength Training 4:00: Wordy Wednesday 6:15: Music with Dave W. PM: Puzzle Night	9:45: Sunrise Exercise 10:30: Today in History 11:15: Noodle Hockey 1:15: Sewing with Sondra 2:15: 1940's Trivia 2:45: Bingo 3:45: Scott Engledow on Guitar PM: Guys Night	9:30: Sunrise Exercise 10:00: Music with Dave P. 11:15: Today in History 1:30: Bingo 2:15: Radio Broadcast Shows 2:45: The Frozen Scoop 3:30: Afternoon Exercise 4:00: Name that Tune PM: Board Game Night PM: Mitten Match up	9:30: Catholic Service 10:15: Today in History 11:15: Stretch and Unwind 1:15: Putt-Putt Golf 2:00: Chapel 2:15: Walker Wash 3:15: Bean Bag Ladder Toss 3:45: Afternoon Exercise 4:15: My 2 Cents PM: Timeslips PM: Meditation & Relaxation
9:45: Sunrise Exercise 10:30: Today in History 11:15: Hymn Singing 1:30: Bingo 2:15: Manicures 2:45: Coffee and Conversation 3:30: Afternoon Exercise 4:00: Art & Aromatherapy Bubbles PM: Card Club PM: Kerplunk	9:45: Sunrise Exercise 10:30: Today in History 11:15: Horse Shoes 1:30: Manicures & Massages 2:30: Bingo 3:30: Strength Training 4:00: Splish! History of Baths 4:00: Pet Therapy - Gunner PM: Egg Carton Shake-up PM: Hand Massages	9:45: Sunrise Exercise 10:30: Today in History 11:15: Ladder Golf 1:30: Bingo 2:15: Bake Club - Pop Overs 2:45: History of Pop Tarts 3:30: Afternoon Exercise 4:00: Trivia Tuesday PM: Word Scramble PM: Book Club	9:45: Sunrise Exercise 10:30: Today in History 11:15: Elvis Presley Day 1:30: Bingo 2:15: Name 10 2:45: Bubble Wrap Craft Club 3:30: Strength Training 4:00: Wordy Wednesday PM: Dominoes PM: Puzzle Night	9:45: Sunrise Exercise 10:30: Today in History 11:15: Bowling 1:15: Bingo 2:00: Crafts with Coolidge 3:00: "Pop"ular Toys 3:30: Afternoon Balloon Exercise 4:00: Musical Melodies PM: Guys Night	9:45: Sunrise Exercise 10:30: Today in History 11:15: Balloon Volleyball 1:30: Bingo 2:15: Put your John Hancock Here! 2:45: The Frozen Scoop 3:15: Afternoon Exercise 3:45: Music with Alice T. PM: Magazine Browsing PM: Board Game Night	9:30: Catholic Service 10:15: Today in History 11:15: Stretch and Unwind 1:15: Memory Card Match Up 2:00: Chapel 2:15: Walker Wash 3:15: Race to Fill the Cup 3:45: Afternoon Exercise 4:15: Would you Rather PM: UNO PM: Meditation & Relaxation
9:45: Sunrise Exercise 10:30: Today in History 11:15: Hymn Singing 1:30: Bingo 2:15: Manicures 2:45: Coffee and Conversation 3:30: Afternoon Exercise 4:00: Art & Aromatherapy PM: Card Club PM: Tetris	9:45: Sunrise Exercise 10:30: Today in History 11:15: Washers 1:30: Bingo 2:15: January Jokes 2:45: Who, What, When 3:15: Strength Training 3:45: Music Therapy with Amy PM: Left, Right Center PM: Hand Massages	9:45: Sunrise Exercise 10:30: Today in History 11:15: Snowball Toss 1:30: Bingo 2:15: Categories 2:45: Finish the Sentence 3:30: Afternoon Exercise 4:00: Trivia Tuesday 6:15: Music with Leo Shima PM: Book Club	9:45: Sunrise Exercise 10:30: Today in History 11:15: Washers 1:30: Bingo 2:15: TED Talks 2:45: Build an Igloo 3:30: Strength Training 4:00: Eat, Wear, or Drive PM: Farkle PM: Puzzle Night	9:45: Sunrise Exercise 10:30: Today in History 11:15: Target Toss 1:15: Singing with the La La Ladies 2:15: Group Crossword 2:45: Dear Abby... 3:30: Tia Chi Exercise 4:00: Musical Melodies PM: Guys Night	9:30: Sunrise Exercise 10:00: Games with Goodwill 11:15: Twister Toss 1:30: Bingo 2:30: The Frozen Scoop 3:00: Today in History 3:30: Afternoon Exercise 4:00: Name that Tune PM: Roll the Beans PM: Board Game Night	9:30: Catholic Service 10:00: Pet Therapy - Oliver 10:15: Today in History 11:15: Stretch and Unwind 1:15: Short Stories 2:00: Chapel 2:15: Walker Wash 3:15: Popcorn Day 3:45: Afternoon Exercise 4:15: Dice Bowling PM: Timeslips PM: Meditation & Relaxation
9:45: Sunrise Exercise 10:30: Today in History 11:15: Hymn Singing 1:30: Bingo 2:15: Manicures 2:45: Coffee and Conversation 3:30: Afternoon Exercise 4:00: Art & Aromatherapy PM: Card Club PM: Give or Take Dice	9:45: Sunrise Exercise 10:30: Today in History 11:15: Frisbee Golf 1:30: Bingo 2:15: 1950s Trivia 2:45: Saturday Evening Post Review 3:30: Strength Training 4:00: Speedy Recall 4:00: Pet Therapy - Gunner PM: Button Buddies PM: Hand Massages Martin Luther King Day Tu B'Shevat	9:45: Sunrise Exercise 10:30: Today in History 11:15: Ice Fishing 1:30: Bingo 2:15: Campbell Soup Reminisce 2:45: Snowman Craft 3:30: Afternoon Exercise 4:00: Riddle me This PM: Qwirkle PM: Book Club	9:45: Sunrise Exercise 10:30: Today in History 11:00: Faith Group with Ellen 1:30: Bingo 2:15: Constitution Quiz 2:45: Detective Agent 3:30: Strength Training 4:00: Furs with Wickiup Hill Learning Center PM: Breakfast Scramble Puzzles PM: Puzzle Night	9:45: Sunrise Exercise 10:30: Today in History 11:15: Ring Toss 1:30: Bingo 2:15: Jeopardy 2:45: Gold Rush! 3:30: Chair Yoga 4:00: Musical Melodies PM: Guys Night	9:45: Sunrise Exercise 10:30: Today in History 11:15: Baseball Bounce 1:30: Bingo 2:15: Name that Celebrity 2:45: January Birthday Party 3:30: Afternoon Exercise 4:00: Capital Match PM: Stringing Noodles PM: Board Game Night	9:30: Catholic Service 10:15: Today in History 11:15: Stretch and Unwind 1:15: Tic-Tac-Toe Tournament 2:00: Chapel 2:15: Walker Wash 3:15: Name the Shadow 3:45: Afternoon Exercise 4:15: What comes first? PM: Scrabble PM: Meditation & Relaxation
9:45: Sunrise Exercise 10:30: Today in History 11:15: Hymn Singing 1:30: Bingo 2:15: Manicures 2:45: Coffee and Conversation 3:30: Afternoon Exercise 4:00: Art & Aromatherapy PM: Card Club PM: Number Matching Game	9:45: Sunrise Exercise 10:30: Today in History 11:15: Ping Pong Pans 1:30: Bingo 2:15: Impressive Inventions 2:45: Penguin Pals 3:30: Strength Training 4:00: Joggin' your Noggin' PM: Toss Up Game PM: Hand Massages Australia Day (observed)	9:45: Sunrise Exercise 10:30: Today in History 11:15: Cornhole 1:30: Bingo 2:15: Bake Club - Pretzels 2:45: McKinley Birthday Facts 3:30: Afternoon Exercise 4:00: Trivia Tuesday PM: Hexitcards PM: Book Club	9:45: Sunrise Exercise 10:30: Today in History 11:15: Wii Bowling 1:30: Bingo 2:15: Lone Ranger Day 2:45: Craft Club - Wreaths 3:30: Strength Training 4:00: Memory Magic PM: Popsicle Stick Copy Cat PM: Puzzle Night	9:45: Sunrise Exercise 10:30: Today in History 11:15: Kickball 1:30: Bingo 2:15: Classical Music Hangman 2:45: Celebrating Jackie Robinson 3:30: Tia Chi Exercise 4:00: Musical Melodies PM: Guys Night		

**All Activities are subject to change